



Becoming a BCU Lifeguards Aquatic First Aid Level 1 Coach



Outline

The Aquatic First Aid Level 1 Coach award is the foundation First Aid Trainer award within the BCU and BCU Lifeguards. This document should provide prospective candidates with all the information required on how to become an Aquatic First Aid Coach.

The award allows coaches to train and assess the following awards:

- Aquatic First Aid Level 1 (8hr First Aid Award)
- Primary First Aid (4hr First Aid Award)
- Primary Resuscitation (Adult Resuscitation and Basic Life Support Award)
- Paediatric Resuscitation (2hr Child and Baby Resuscitation Award)*

* providing you hold the award or equivalent.

Pre-requisites

To become an AFA Level 1 coach candidates must:

- Have attended the AFA Level 1 Coach Training Course or been granted APL by the National Training Office or a BCU Lifeguards Course Director. (see below)
- Have a 16hr (minimum) First Aid Qualification awarded within the last 12 months.
- Have held BCU Level 2 Coach (or higher) for a minimum of two years or an approved coaching qualification with another national organisation for a minimum of two years.
- Have comprehensive membership of the BCU.

Training & Assessment

The AFA L1 Coach training and assessment course is a two day inclusive course which provides candidates with the necessary skills to enable them to train and assess the range of AFA awards.

The two day course entails a two days of training and assessment. Training and assessment can be complete separately providing the assessment is undertaken within 12 months of completion of the training module.

Details of training and assessment courses can be found here:

<http://www.bculifeguards.org.uk/training.php>

The training and assessment course provides candidates with a sound knowledge of running BCU Lifeguards First Aid courses and is also ideal for those that are returning since previous qualifications have lapsed. Pre-registration is required for candidates attending a training & assessment course.

The pre-registration form can be found here: <http://www.bculifeguards.org.uk/files/AFAPre-RegistrationForm.pdf>

APL (Approved Prior Learning)

APL can be granted to candidates that currently hold a First aid trainers award with another organisation. If this is the case, upon completing the registration process candidates are granted 'Probationary AFA Level 1 Coach' Status.

Probationary status is only lifted once the candidate has successfully been observed delivering a course. This is normally within the first 12 months or within the first 3 courses run by the trainer.

The qualifications we automatically accept for APL are listed below:

- HSE trainer - with a minimum contact of 8 hours
- Voluntary Aid Society Trainer – with a minimum contact of 8 hours
- Emergency Services First Aid Trainer
- Forces First Aid Trainer
- PADI ERF Trainer
- RLSS Pool/Beach Trainer Assessor
- Mountain First Aid Trainer

Other first aid trainer awards will be considered if a course & trainer's award syllabus are submitted to the BCU Lifeguards Secretary for review.

Fees

The cost of the training & assessment course varies depending on the organiser.

The cost for registering and becoming an AFA Level 1 Coach is £25.00 regardless of whether you are registering following a training course or APL.

This fee covers registration, certificate, trainer's resource pack, updates and allows candidates full access to the BCU Lifeguards Online Trainer's Zone.

Certificates

Certificates are dispatched to trainers once the registration process is complete. Candidates need to complete the form attached and return to the BCU Lifeguards Administrator with the required documents and payment.

Documentation

The following documentation needs to be presented either to the Course Director at training/assessment or sent with the attached registration form if applying via APL.

- Proof of current full comprehensive membership to BCU/WCA/SCA/CANI.
- Proof of current BCU Level 2 Coaching Award (can be as part of BCU/NGB membership if shown on card) (*Non-APL candidates only*).
- Copy of current alternative first aid trainer's qualification (APL candidates only).
- Proof of current 16hr First Aid Qualification awarded within the last 12 months.



British Canoe Union Lifeguards
Administration
Aquatic First Aid Level 1 Coach Registration
(Approved Prior Learning)



Section 1

Name:		Admin Use Only FA Cert [] NGB Memb [] Fee [] APL Cert [] LGID _____ Cert [] TRP []
Unit/Club: <i>(if applicable)</i>		
Address:		
Post Code		
BCU No:		
Tel:		
Email:		
Communication:	(Circle) Email / Post	
Inclusion in Directory?	(Circle) Yes / No	

Section 2

First Aid Trainer Award Details – Please provide details of your alternative FA trainer's qualification. Please check that it is on our list of approved awards suitable for APL.

Award Governing Body: _____

Expiry Date: ____/____/_____
 (Please ensure you enclose a copy of this certificate with your registration)

Checklist – Please ensure you enclose all the required documentation before submitting

Item	Tick (✓)
Copy of First Aid Award (16hrs min)	
Copy of FA trainer's qualification	
Copy of BCU/Home Nation membership	
£25 registration fee (Payable to 'BCU Lifeguards')	

Section 3

I confirm the above details are correct and enclose all relevant details required for processing my application.

Candidate Signature: _____ **Date:** _____