

# Sherbourne Castle

# Ironman UK Triathlon

## Sunday 7th September 2008

Lifeguards & Safety Team Members required to assist with safety Cover for 1500 competitors during their 2.4 mile swim

Canoe Lifeguard Awards Training / Assessments Will be available on Saturday 6<sup>th</sup> (Day before)

Campsite provided onsite Friday & Saturday with Saturday evening & Sunday morning meal supplied.

1500 athletes will take on the challenge of the 2.4mile swim, 112 mile bike ride & 26.2mile marathon run  
The Castle hosts the lake swim and is the centre for the event activity, whilst the bike and run courses venture out through the Dorset countryside and Sherbourne town.



If you're able to help with cover at this event please contact:

Andy Squirrel – Event Safety Officer 07813171246

Email [treerat@bculifeguards.freeserve.co.uk](mailto:treerat@bculifeguards.freeserve.co.uk)

Or

John Wheeler – Poole / B'mth Area Co-ordinator 07811 082990

Email [john.p.wheeler@virgin.net](mailto:john.p.wheeler@virgin.net)

For Further Information